



# STONE CRABS SWIM TEAM



Established 1991  
USA Swimming Coaches Ann & Randy Stone  
1085 Crane Crest Way, Orlando, FL, 32825  
407-282-4970  
StoneCrabs@aol.com www.stonecrabsswimteam.com

**November 09, 2010**

**REMINDER:** Swim practice at the STONEYBROOK POOL will not resume until the SPRING of 2011. We hope that many of our Stoneybrook families will transition to one of our two heated pool locations for WINTER SWIMMING- either Winter Park High School- Monday, Wednesday and Friday: 6PM to 8PM or the Ft. Gatlin Pool\* on Lake Margaret Drive- Tuesday and Thursday: 4PM to 5:45PM.

\*We do NOT rent the pool at Ft. Gatlin. Each swimmer who practices at this location, must pay \$2 each time they practice at this pool. The \$2 is paid directly to the lifeguard on the pool deck. ANY person who stays on the pool for any length of time is also charged on the \$2. We are using the pool during operating hours.

## **ALL THE WAY TO STATE**

Kudos to **AVERY WARRINGTON (JR)** for qualifying for the 2010 FHSA State Championships! Avery had two 4th Places finishes at the Regional Championships this past week. He swam a 22.07 in the 50Y FR and a 47.92 in the 100Y FR- both times earned him a TOP 24 position in the Class 3A State Meet that will take place this upcoming Saturday at the Aquatic Center on International Drive. Avery will also be swimming on two Winter Park High School relay teams- the 200Y Medley Relay and the 200Y Freestyle Relay.

## **Best Wishes for Fast Swimming!**

Congratulations to **Alison Herlitzka (JR)** and **Alex Pugnet (JR)** for also competing at the Regional Championships. **Alison** competed in the Regional Championships this past Saturday at Indian River State College. She had a 9th Place finish in the 100Y FY and a 10th Place finish in the 100Y BR.

**Alex** swam at the Regional Championships held at the Aquatic Center this past Thursday- he had a 12th Place finish in the 100Y BK. The Timbercreek Varsity Girls Medley and Freestyle Relay Teams competed in Consolation Finals - **Kelsee Marcus, Katelyn Cronin, Bailey Grabenhorst, Kirsten Estoesta, Abigail Gordiany and Kristina Cronin** all contributed outstanding swims to these relay teams.



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## ADVERTISEMENTS FOR WINTER INVITATIONAL HEAT SHEET

All of the awards that we present to our swimmers are a result of the advertising that we sell for the heat sheet. Therefore, we ask all of our families to get involved in soliciting advertisements and sponsorships!

If anyone has any questions regarding advertising or sponsorships- please contact Coach Ann. Advertising forms and sponsorship forms are located in the swim box. [stonecrabs@aol.com](mailto:stonecrabs@aol.com)

## 2011 USA Swimming Registrations

This is a reminder that all swimmers must be registered with USA Swimming. 2011 USA Swimming registration forms are located in the swim box.