



STONE CRABS SWIM TEAM



Established 1991
USA Swimming Coaches Ann & Randy Stone
1085 Crane Crest Way, Orlando, FL, 32825
407-282-4970
StoneCrabs@aol.com www.stonecrabsswimteam.com

LATE OCTOBER 2010 NEWSLETTER

HIGH SCHOOL SWIMMERS

"Good Luck & Swim Fast" wishes to all our high school swimmers as they compete this upcoming week at the various District Championships that will be held in Central Florida. Timbercreek & Boone high school swimmers will be competing at the Aquatic Center on International Drive on Friday. Winter Park and Haggarty swimmers will be competing at the Lake Brantley Aquatic Center. Bishop Moore and Circle Christian swimmers will be racing at Trinity Prep on Saturday. Hopefully I didn't forget anyone, but if I did, it was totally unintentional! Swimmers who finish in the Top 8 at Districts will qualify to compete at Regionals next week.

TEAM PARKA

Order forms are online and in the swim box, please place your order by this Friday.

I would like to send the team parka order in at the end of this week. If you would like to order a parka for your swimmer, please fill out an order form (they are in the swim box) or print it from our web site, and turn it in with a check made out directly to "Truwest" by the end of this week. As of today the following swimmers have ordered a parka:

Elle Gindlesperger	name on parka: Gindlesperger	size: AS
Leila Santiago	name on parka: Leila	size: AS
Eva Wolpert	name on parka: Eva	size: AM

NOVEMBER SWIM MEETS

Please sign up for our two upcoming local swim meets as soon as possible. Meet information is online at our team web site. Meet information for both meets are also posted at the end of this E-mail.

TEAM SUIT & PRACTICE EQUIPMENT

Team suits may be ordered at Total Teamware: 407-644-1333- you may request that the suit be a Speedo Endurance suit- this will insure that it does not fall apart as quickly
All swimmers should have the following equipment at all practices: well fitting goggles, swim cap, fins
9 & Older swimmers should have a snorkel- it is specific- so please talk to Coach Ann so that you purchase the correct one
Team caps are available for purchase.

USA SWIMMING 2011 REGISTRATIONS

All 2010 registrations will expire on December 31, 2010. Please complete and submit payment for the 2011 season as soon as possible. 2011 registration forms are in the swim box, and online.

Patriot Aquatics Invitational, Altamonte Springs- Lake Brantley High School Aquatic Facility



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November 14th (SUNDAY ONLY)

The order of events for the Sunday events are listed at the end of this E-mail.

* Very Important- Patriot Aquatics will NOT sell a heat sheet- the charge for a heat sheet has already been included in the entry fees listed below. The heat sheet will be posted on the Florida Swimming web site 48 hours prior to the start of the meet. **PARENTS** must go to the web site and print out the heat sheet- of course you may only print out the pages that you may need- or the entire heat sheet- it is up to each family to determine what they will need to follow the meet.

Meet Entry Fees

1 swimmer: \$24

2 swimmers: \$48

3 swimmers: \$72

AM Warm Ups 8:00AM

PM Warm Ups Approximately 11:30 AM

Sunday

Session #4 Meet Starts: 9:00 am

Event # Age Group Event

59-60 10 & Under 200 M.R.
61-62 8 & Under 100 M.R.
63-64 10 & Under 200 Free
65-66 8 & Under 50 Back
67-68 10 & Under 100 Back
69-70 8 & Under 50 Breast
71-72 10 & Under 50 Breast
73-74 8 & Under 50 Free
75-76 10 & Under 50 Free
77-78 8 & Under 50 Fly
79-80 10 & Under 100 Fly
81-82 8 & Under 100 IM
83-84 10 & Under 100 IM

Session #5 Meet Starts: 30 minutes after Session #4

Event # Age Group Event

85-86 Senior 200 M.R.



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87-88 11 & 12 200 M.R.
89-90 Senior 200 Free
91-92 11 & 12 200 Free
93-94 Senior 100 Back
95-96 11 & 12 100 Back
97-98 Senior 200 Brst
99-100 11 & 12 50 Breast
101-102 Senior 50 Free
103-104 11 & 12 50 Free
105-106 Senior 200 Fly
107-108 11 & 12 50 Fly

INVITATIONAL at the YMCA AQUATIC CENTER on International Drive- November 19, 20, & 21

I have attached the meet letter for this upcoming invitational, because it is a bit more "complicated" in format- nonetheless it looks like it should be an excellent meet to compete in! Please print out the meet letter, so that you have the order of events, and the session start times, as well as additional information regarding finals, etc.

13 & Older swimmers will compete in the morning, and if they qualify for finals they will compete again in the evening. All 12U swimmers will compete in timed finals.

The meet entries fees for this meet are listed below.

Please specifically designate which days your child will be competing in for this swim meet.

All high school swimmers are strongly encouraged to compete in this invitational.

Meet entry fees MUST be turned in to the swim box by November 8th, 2010.

13 & Older Swimmers: 3 events each session

12 & UNDER Swimmers: 4 events each day



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ALL 3 Days

1 Swimmer- \$43.50

2 Swimmers: \$87.00

2 Days (Sat. and Sun.)

1 Swimmer- \$37.50

2 swimmers- \$75

1 Day (Sat. or Sun.)

1 swimmer- \$25

2 swimmers- \$50

All 3 Days (Fri., Sat. Sun.)

1 swimmer: \$47

2 swimmers: \$94

3 swimmers: \$144

2 Days (Sat. and Sun.)

1 swimmer: \$41

2 swimmers: \$82

3 swimmers: \$123

1 Day (Sat. or Sun.)

1 swimmer: \$27

2 swimmers: \$54

3 swimmers